April 23, 2020

The Power of Relational Meetings

LWV connecting people to people, to information, and to opportunity during COVID-19



Housekeeping!

- This meeting will be recorded to keep accurate notes and to share with attendees after the call
- Staff will be monitoring the chat box!
- If you are not speaking, please mute yourself to minimize distractions
- Slides and additional resources will be available on League Management Site: https://www.lwv.org/league-management/recruitment-engagement/organizing-resources-build-league-power





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Reflection

"One good conversation can shift the direction of change forever."

Linda Lambert



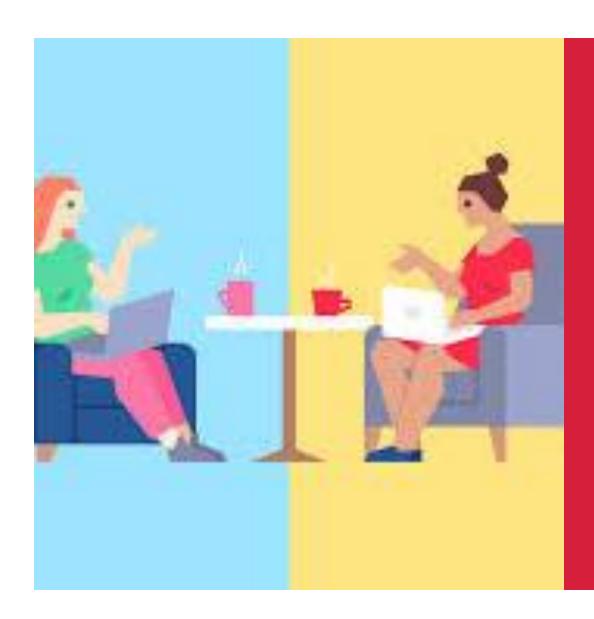
Community Norms

- What is learned here leaves here!
- Use the chatbox to add thoughts, experiences, and/or questions to the conversation!
- Bring your full self!
- It's ok to slow down in this new normal of COVID-19
- Trust people's intentions
- Exercise patience
- Have fun!
- Add any additions to the chat box









Goals for today's training:

- Why one on ones?
- Gain confidence doing one on ones using phone and video conferencing.
- Commit to learning and adjusting together





It's the heart of organizing



Its an action in itself-to build a relationship of trust and mutual support around a common issue or goal



Developing our comfort using available tools allow us to maintain that close connection in ways that resemble life as we know it.



Builds solidarity across distance and separation

Poll!

How many one on one conversations do you typically have per day?

- O
- 1-2
- 3-5
- Over 5



Poll!

How do you conduct these conversations?

- Phone (voice only)
- Using phone video apps (Facetime, Wassap, etc)
- Using video conferencing tools like ZOOM
- Other



One on one basics:

- Keep them short
- Stick to a few topics
- Exercise conscious and genuine curiosity
- Keep it person-centered
- Listen! See the world though their eyes.
- It takes two!
- Share your story!
- It's about building a collective that will grow your League and foster solidarity





Listening Deeply on Digital Platforms



- Active listening applies!
- Be mindful of your surroundings
 - Will they be able to see your face?
 - Will there be distracting sounds?
- Plan to be in a space or setting where you can give the person your full attention
 - Are you browsing the internet while listening?



Using ZOOM specifically for one on ones

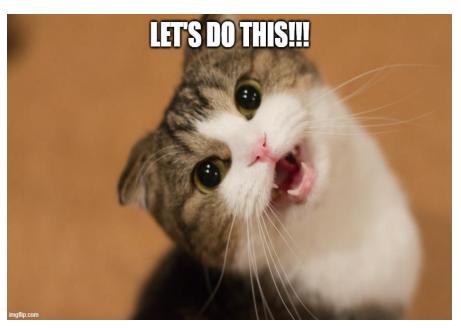
- Mute yourself
- Use a microphone
- Turn on your video
- Balance security with accessibility
- Check your Zoom settings



COVID (Coronavirus) Guidance for Leagues



Temperature check





1 2



Fishbowl Practice!

- To get started we need 2 volunteers
- Volunteer #1 will be conducting 1:1
- Volunteer #2 will be participant in 1:1
- Everyone else:
 - Observe and write comments in chat box!
 - What listening skills are being exhibited?
 - Where are opportunities to dig deeper?



Poll!

How comfortable do you feel implementing the skills learned?

- Very comfortable! Can't wait to get started!
- Somewhat comfortable. I still need more information and training.
- On my way to feeling comfortable, need more support
- Not at all comfortable.

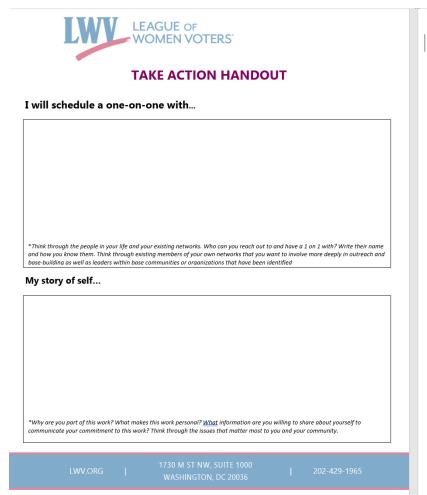
Summary: Relational Organizing Builds our power!

- Relational meetings are intentional
 - Intentional listening and intentional questions
- Helps you develop your story of why you are part of this work – story of self
- This skill takes practice!
- You can get started today!





Next steps







Want to discuss these skills further? Email the organizing team at organizing@lwv.org

