

LWVUS Lobby Day: Member of Congress Call Script

Each day, congressional staffers tabulate the number of calls, emails, letters, etc. they receive from constituents about various issues, and often use these numbers to determine if and how the member of Congress will respond on an issue. This is why LWVUS is encouraging its members and supporters to contact their congresspeople urging them to stand up for our democracy.

Here's what you need to do:

1. *Find out who your US Senators and Representatives are by visiting the League's [page](#).*
2. *Call the Capitol switchboard for your respective members and ask to be connected to their offices.*
 - a. *US Senate: 202-224-312*
 - b. *US House: 202-225-3121*
3. *Utilize the script below!*

Note: If this is your first time calling your members of Congress and you feel intimidated, remember, these are YOUR elected officials, and they are responsible for representing and responding to your needs. Your voice is powerful, so take a deep breath, slow down, and lean on the script!

Script

Hello, my name is [FIRST AND LAST NAME] and I am a resident of [CITY, STATE].

Note: be prepared to tell them your zip code if asked!

I am calling to urge [Senator NAME *or* Representative NAME] to stand up for our democracy by exercising their authority and fulfilling their responsibility to protect the rule of law, defend the constitution, and end the overreach by the executive branch of government. I am concerned by the actions the President has taken in the first 100 days of his administration, especially as these actions violate the law and encroach upon Congress' authority.

As a constituent, I urge [Senator NAME *or* Representative NAME] to *(pick one or two that are important to you to highlight)*

- Reject the President's attempts to end birthright citizenship,
- Ensure the release of congressionally allocated funds,
- Prevent the dismantling of critical federal agencies,
- Safeguard citizen data from unvetted individuals, and
- Defend the rights of federal employees to due process.

Thank you for taking my call!